

What is the Metro Boulder League (MBL)?

The Metro Bouldering League is a fun new way to help you get stronger with your friends! Team up with your friends, earn points together, and develop some friendly rivalry. Our handicap system levels the field, so everyone has a chance at prizes, trophies, and bragging rights! Cost to participate is \$25 and includes a t-shirt. Climbers of all experience and skill levels welcome!

When is the MBL?

The Metro Bouldering League will run from Wednesday April 21st through Wednesday June 1st. End of season festivities will be held on Friday June 4th! Registration will be open through Sunday April 25th.

How does MBL work?

Teams of 2 to 4 climbers compete together. If you don't have a team we will pair you up with some other lone wolves. The setters give us a new set of boulders every Wednesday. These are the boulders you will be able to collect points on for the next 7 days. You will be using the Kaya Climb App to log the boulders that you complete. No points will be deducted for attempts. The league lasts 6 weeks, so you will have 6 sets of new boulders to challenge yourself on along with your friends. Kaya does all the calculations for us, showing your team, and individual scores each week. Your score will be calculated with your top 4 boulder problems completed each week. At the end of the 6 weeks we will have a celebratory evening to wrap the league up, crowning our champion, drawing raffles, and socializing!

Scoring & Ranking:

Teams will have a weekly and a Total score. The weekly team score is an average of the score of all the team members and drops the lowest score. The total team score is a sum of every weekly score. Points are awarded for completed boulders from the new set, using the V-Max Handicap System.

What is the V-Max Handicap System?

Setting your V-Max: Think of the highest grade you have been able to complete recently with some regularity. That will be your "Max V". Your points are then derived from that baseline.

Example: a V3 climber who climbs a V3 receives 100 points, if they climb a V2 then they receive 80 points and a V4 would be at 120 points. With the Handicap System, any climber who climbs a boulder that is the same grade as their V-Max will receive 100 points. This allows climbers of all abilities to earn points in equal measure for their team. If you feel you have gotten stronger, we can update your V-Max.

Register at the following link

<https://app.kayaclimb.com/share/challenge?id=433>